

Powerlifting India
South India Senior, Sub Junior & Junior Women's Equipped Powerlifting Championship 2023-24
Tenali, Andhra Pradesh - 19-01-2024 to 21-01-2024
Detailed Results

| Place | Name | DOB | Team | Lot | Bd. Wt. | Coeff. | SQ1 | SQ2 | SQ3 | Best [PL] | BP1 | BP2 | BP3 | Best [PL] | DL1 | DL2 | DL3 | Best [PL] | Total | Points | IPF GL Points | Place |
|---------------------|---------------------------|------------|------|-----|---------|----------|------------------|------------------|------------------|-----------|-----------------|-----------------|------------------|-----------|------------------|------------------|------------------|-----------|-------|--------|---------------|------------|
| 47kg - Open | | | | | | | | | | | | | | | | | | | | | | |
| 1 | ARADHYULA NAVYA SRI | 28-11-2008 | A P | 6 | 43.20 | 0.234151 | 40.0 | 40.0 | 40.0 | 40.0 [1] | 20.0 | 25.0 | 25.0 | 20.0 [1] | 40.0 | 65.0 | 75.0 | 75.0 [1] | 135.0 | 12 | 31.610385 | 16 |
| 52kg - Open | | | | | | | | | | | | | | | | | | | | | | |
| 1 | DRISHYA SURESH | 11-12-2000 | KER | 15 | 51.00 | 0.206428 | 135.0 | 140.0 | 145.0 | 140.0 [1] | 72.5 | 77.5 | 80.0 | 77.5 [1] | 125.0 | 135.0 | 140.0 | 140.0 [1] | 357.5 | 12 | 73.798010 | 2 <u>☹</u> |
| 57kg - Open | | | | | | | | | | | | | | | | | | | | | | |
| 1 | P. KEERTHIKA | 10-09-1998 | PUD | 27 | 56.00 | 0.193850 | 145.0 | 145.0 | 155.0 | 145.0 [1] | 55.0 | 62.5 | 65.0 | 65.0 [1] | 155.0 | 155.0 | 160.0 | 160.0 [1] | 370.0 | 12 | 71.724500 | 3 <u>☹</u> |
| - | DEEPTHI RAJ B C | 23-08-1999 | T N | 28 | 56.50 | 0.192752 | 130.0 | 130.0 | 130.0 | - | 35.0 | 40.0 | 45.0 | 45.0 [2] | 130.0 | 150.0 | 160.0 | 150.0 [2] | - | - | - | - |
| 63kg - Open | | | | | | | | | | | | | | | | | | | | | | |
| 1 | AGILANDESWARI | 19-06-1985 | PUD | 40 | 62.20 | 0.181857 | 130.0 | 140.0 | 150.0 | 140.0 [1] | 70.0 | 70.0 | 70.0 | 70.0 [1] | 130.0 | 140.0 | 155.0 | 140.0 [1] | 350.0 | 12 | 63.649950 | 4 |
| 2 | THILAGAVATHI SIVAPRAKASAM | 25-07-1986 | T N | 38 | 62.70 | 0.181026 | 110.0 | 110.0 | 112.5 | 112.5 [2] | 35.0 | 60.0 | 65.0 | 60.0 [2] | 115.0 | 125.0 | 130.0 | 130.0 [2] | 302.5 | 9 | 54.760365 | 5 |
| 3 | POTHALA ANJALI | 10-07-2007 | A P | 39 | 61.80 | 0.182535 | 70.0 | 80.0 | 87.5 | 80.0 [3] | 22.5 | 25.0 | 27.5 | 25.0 [3] | 75.0 | 85.0 | 95.0 | 85.0 [3] | 190.0 | 8 | 34.681650 | 15 |
| 69kg - Open | | | | | | | | | | | | | | | | | | | | | | |
| 1 | PARCHURU KUMARI | 02-06-1995 | A P | 50 | 69.00 | 0.171899 | 110.0 | 110.0 | 110.0 | 110.0 [1] | 35.0 | 40.0 | 45.0 | 45.0 [1] | 100.0 | 110.0 | 120.0 | 110.0 [1] | 265.0 | 12 | 45.553235 | 11 |
| 76kg - Open | | | | | | | | | | | | | | | | | | | | | | |
| 1 | M TEJASWI | 16-09-2007 | A P | 55 | 75.30 | 0.164773 | 120.0 | 130.0 | 135.0 | 135.0 [1] | 35.0 | 37.5 | 40.0 | 40.0 [3] | 120.0 | 130.0 | 137.5 | 130.0 [2] | 305.0 | 12 | 50.255765 | 8 |
| 2 | KEDARSETTY PRAVALLIKA | 23-12-2005 | A P | 58 | 75.60 | 0.164473 | 95.0 | 115.0 | 122.5 | 122.5 [2] | 45.0 | 55.0 | 57.5 | 55.0 [1] | 110.0 | 122.5 | 150.0 | 122.5 [3] | 300.0 | 9 | 49.341900 | 9 |
| 3 | JANAMOLA AKSHITA REDDY | 10-04-1996 | TEL | 54 | 76.00 | 0.164079 | 80.0 | 100.0 | 105.0 | 105.0 [3] | 45.0 | 52.5 | 60.0 | 52.5 [2] | 120.0 | 135.0 | 147.5 | 135.0 [1] | 292.5 | 8 | 47.993108 | 10 |
| 84kg - Open | | | | | | | | | | | | | | | | | | | | | | |
| 1 | AMUTHA S | 05-06-1977 | T N | 68 | 80.85 | 0.159725 | 135.0 | 147.5 | 150.0 | 135.0 [1] | 62.5 | 72.5 | 80.0 | 72.5 [1] | 110.0 | 120.0 | 130.0 | 130.0 [1] | 337.5 | 12 | 53.907188 | 6 |
| 2 | PRAGATHI MAHAVADI | 16-04-1975 | TEL | 66 | 79.90 | 0.160520 | 90.0 | 92.5 | 100.0 | 100.0 [3] | 50.0 | 55.0 | 57.5 | 55.0 [2] | 100.0 | 112.5 | 127.5 | 112.5 [2] | 267.5 | 9 | 42.939100 | 13 |
| 3 | ETURI LAKSHMI VINAYA SREE | 29-01-2008 | A P | 67 | 82.15 | 0.158678 | 100.0 | 100.0 | 115.0 | 115.0 [2] | 35.0 | 40.0 | 40.0 | 40.0 [3] | 110.0 | 110.0 | 115.0 | 110.0 [3] | 265.0 | 8 | 42.049670 | 14 |
| 84+Kg - Open | | | | | | | | | | | | | | | | | | | | | | |
| 1 | PRATHIKSHA | 11-09-1998 | KAR | 76 | 103.90 | 0.146410 | 230.0 | 230.0 | 240.0 | 230.0 [1] | 145.0 | 160.0 | 170.0 | 160.0 [1] | 160.0 | 172.5 | 172.5 | 160.0 [1] | 550.0 | 12 | 80.525500 | 1 <u>☹</u> |
| 2 | AMUDHINI RAMAKRISHNAN | 07-03-1992 | T N | 77 | 135.00 | 0.138279 | 140.0 | 140.0 | 150.0 | 140.0 [2] | 70.0 | 80.0 | 85.0 | 80.0 [2] | 150.0 | 150.0 | 160.0 | 160.0 [2] | 380.0 | 9 | 52.546020 | 7 |
| 3 | RAKSHA BEKAL | 21-10-2002 | KAR | 75 | 91.45 | 0.152385 | 80.0 | 100.0 | 120.0 | 120.0 [3] | 40.0 | 52.5 | 62.5 | 62.5 [3] | 75.0 | 75.0 | 105.0 | 105.0 [3] | 287.5 | 8 | 43.810688 | 12 |

| Best Lifter - Open | | | | | | | |
|--------------------|----------------|------|---------|--------|----------|-------|---------------|
| Place | Name | Team | Wt.Cat. | Bd.Wt. | Coeff. | Total | IPF GL Points |
| 1 | PRATHIKSHA | KAR | 84+kg | 103.90 | 0.146410 | 550.0 | 80.525500 |
| 2 | DRISHYA SURESH | KER | 52kg | 51.00 | 0.206428 | 357.5 | 73.798010 |
| 3 | P. KEERTHIKA | PUD | 57kg | 56.00 | 0.193850 | 370.0 | 71.724500 |

| Team Championship - Open | | | | |
|--------------------------|----------------|--------|--------------|---------------|
| Place | Team | Points | Best Points | IPF GL Points |
| 1 | ANDHRA PRADESH | 53 | 12+12+12+9+8 | 218.810955 |
| 2 | TAMIL NADU | 30 | 12+9+9 | 161.213573 |
| 3 | PUDUCHERRY | 24 | 12+12 | 135.374450 |
| 4 | KARNATAKA | 20 | 12+8 | 124.336188 |
| 5 | TELANGANA | 17 | 9+8 | 90.932208 |
| 6 | KERALA | 12 | 12 | 73.798010 |

| Place | Name | DOB | Team | Lot | Bd. Wt. | Coeff. | SQ1 | SQ2 | SQ3 | Best [PL] | BP1 | BP2 | BP3 | Best [PL] | DL1 | DL2 | DL3 | Best [PL] | Total | Points | IPF GL Points | Place |
|---------------------------|-----------------------|------------|------|-----|---------|----------|-------|-------|-------|-----------|------|------|------|-----------|-------|-------|-------|-----------|-------|--------|---------------|------------|
| 43kg - Sub Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | MADIRA SHANOON | 30-12-2005 | A P | 3 | 42.20 | 0.238719 | 90.0 | 97.5 | 105.0 | 105.0 [1] | 30.0 | 37.5 | 42.5 | 37.5 [2] | 90.0 | 100.0 | 105.0 | 105.0 [1] | 247.5 | 12 | 59.082953 | 11 |
| 2 | AKHILA J | 20-12-2005 | KER | 1 | 42.60 | 0.236857 | 85.0 | 92.5 | 97.5 | 97.5 [2] | 30.0 | 35.0 | 35.0 | 35.0 [3] | 85.0 | 95.0 | 97.5 | 95.0 [3] | 227.5 | 9 | 53.884968 | 15 |
| 3 | GOWRI S R | 27-01-2008 | KER | 2 | 41.70 | 0.241114 | 80.0 | 90.0 | 90.0 | 80.0 [3] | 37.5 | 40.0 | 42.5 | 42.5 [1] | 90.0 | 100.0 | 105.0 | 100.0 [2] | 222.5 | 8 | 53.647865 | 16 |
| 4 | PANDRILA SRAVANI | 16-01-2006 | A P | 4 | 37.00 | 0.268066 | 60.0 | 75.0 | 85.0 | 75.0 [4] | 20.0 | 22.5 | 25.0 | 22.5 [4] | 70.0 | 77.5 | 82.5 | 77.5 [4] | 175.0 | 7 | 46.911550 | 18 |
| 47kg - Sub Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | AKSHAYA P | 16-08-2006 | T N | 9 | 45.20 | 0.225817 | 120.0 | 120.0 | 122.5 | 122.5 [1] | 45.0 | 52.5 | 57.5 | 52.5 [1] | 117.5 | 117.5 | X | 117.5 [1] | 292.5 | 12 | 66.051473 | 2 <u>W</u> |
| 2 | RIYA JOSEPH | 13-09-2008 | KER | 7 | 45.80 | 0.223506 | 75.0 | 90.0 | 95.0 | 95.0 [2] | 35.0 | 42.5 | 42.5 | 35.0 [2] | 75.0 | 77.5 | 82.5 | 82.5 [4] | 212.5 | 9 | 47.495025 | 17 |
| 3 | MATHUSRI MAHENDIRAN | 18-02-2011 | PUD | 8 | 46.70 | 0.220186 | 75.0 | 80.0 | 80.0 | 75.0 [3] | 25.0 | 27.5 | 30.0 | 30.0 [3] | 75.0 | 82.5 | 85.0 | 85.0 [3] | 190.0 | 8 | 41.835340 | 20 |
| 4 | BHUKYA SRAVANI | 31-07-2007 | TEL | 10 | 45.20 | 0.225817 | 60.0 | 60.0 | 60.0 | 60.0 [4] | 20.0 | 25.0 | 30.0 | 25.0 [4] | 80.0 | 87.5 | 92.5 | 92.5 [2] | 177.5 | 7 | 40.082518 | 22 |
| 52kg - Sub Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | SHYAMRAO AISHWARYA | 17-05-2005 | TEL | 18 | 51.80 | 0.204198 | 125.0 | 125.0 | 125.0 | 125.0 [1] | 50.0 | 60.0 | 62.5 | 62.5 [1] | 110.0 | 125.0 | 130.0 | 130.0 [1] | 317.5 | 12 | 64.832865 | 4 |
| 2 | P PRAVALLIKA | 10-01-2007 | A P | 19 | 50.80 | 0.207000 | 110.0 | 117.5 | 120.0 | 120.0 [2] | 50.0 | 57.5 | 60.0 | 57.5 [2] | 110.0 | 120.0 | 125.0 | 120.0 [3] | 297.5 | 9 | 61.582500 | 6 |
| 3 | KAVYENDU S | 19-02-2006 | KER | 17 | 50.50 | 0.207869 | 100.0 | 115.0 | 120.0 | 100.0 [3] | 45.0 | 50.0 | 55.0 | 55.0 [3] | 100.0 | 110.0 | 122.5 | 122.5 [2] | 277.5 | 8 | 57.683648 | 12 |
| 57kg - Sub Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | SANCHAL MARY | 28-07-2006 | KER | 29 | 53.50 | 0.199750 | 100.0 | 120.0 | 130.0 | 120.0 [1] | 45.0 | 50.0 | 55.0 | 55.0 [1] | 110.0 | 120.0 | 127.5 | 127.5 [1] | 302.5 | 12 | 60.424375 | 9 |
| 2 | SENAPATHI KRISHNAVENI | 31-08-2005 | A P | 30 | 56.30 | 0.193188 | 60.0 | 70.0 | 75.0 | 75.0 [2] | 27.5 | 35.0 | 35.0 | 35.0 [2] | 75.0 | 90.0 | 100.0 | 90.0 [2] | 200.0 | 9 | 38.637600 | 23 |
| 63kg - Sub Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | NETTALIYA BENEDICT | 28-03-2006 | KER | 42 | 61.90 | 0.182365 | 130.0 | 130.0 | 130.0 | 130.0 [1] | 70.0 | 77.5 | 82.5 | 77.5 [1] | 125.0 | 125.0 | 135.0 | 135.0 [2] | 342.5 | 12 | 62.460013 | 5 |
| 2 | UDHAYAKUMARI G | 11-09-2005 | T N | 43 | 62.30 | 0.181689 | 115.0 | 122.5 | 130.0 | 130.0 [2] | 50.0 | 55.0 | 57.5 | 57.5 [2] | 130.0 | 142.5 | 147.5 | 142.5 [1] | 330.0 | 9 | 59.957370 | 10 |
| 3 | NIDHINA B MANOJ | 25-09-2007 | KER | 41 | 59.70 | 0.186296 | 105.0 | 115.0 | 127.5 | 127.5 [3] | 47.5 | 47.5 | 52.5 | 52.5 [3] | 110.0 | 120.0 | 127.5 | 120.0 [3] | 300.0 | 8 | 55.888800 | 14 |
| 69kg - Sub Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | C.H AKHILA | 01-04-2005 | TEL | 52 | 67.70 | 0.173596 | 125.0 | 125.0 | 135.0 | 135.0 [1] | 55.0 | 57.5 | 57.5 | 57.5 [1] | 115.0 | 125.0 | 132.5 | 132.5 [1] | 325.0 | 12 | 56.418700 | 13 |
| 76kg - Sub Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | A MADHURI | 26-03-2007 | A P | 62 | 75.20 | 0.164873 | 120.0 | 140.0 | 155.0 | 155.0 [2] | 60.0 | 65.0 | 70.0 | 65.0 [2] | 130.0 | 140.0 | 147.5 | 147.5 [1] | 367.5 | 12 | 60.590828 | 8 |
| 2 | PAYAL S R | 13-09-2005 | T N | 61 | 72.10 | 0.168180 | 130.0 | 145.0 | 155.0 | 155.0 [1] | 55.0 | 65.0 | 70.0 | 70.0 [1] | 125.0 | 137.5 | 140.0 | 137.5 [2] | 362.5 | 9 | 60.965250 | 7 |
| 3 | SUKRUTHA G R | 13-03-2011 | KAR | 59 | 73.50 | 0.166640 | 110.0 | 120.0 | 130.0 | 120.0 [3] | 32.5 | 37.5 | 40.0 | 40.0 [3] | 100.0 | 115.0 | 122.5 | 115.0 [3] | 275.0 | 8 | 45.826000 | 19 |
| 84kg - Sub Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | SHAIK SHABEENA | 04-01-2005 | A P | 69 | 81.20 | 0.159438 | 170.0 | 180.0 | 190.0 | 190.0 [1] | 75.0 | 80.0 | 85.0 | 85.0 [1] | 150.0 | 162.5 | 175.0 | 175.0 [1] | 450.0 | 12 | 71.747100 | 1 <u>W</u> |
| 84+Kg - Sub Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | NAGAM GNANA DIVYA | 12-05-2005 | A P | 79 | 98.60 | 0.148677 | 170.0 | 180.0 | 200.0 | 200.0 [1] | 70.0 | 80.0 | 85.0 | 85.0 [1] | 140.0 | 155.0 | 165.0 | 155.0 [1] | 440.0 | 12 | 65.417880 | 3 <u>W</u> |

| Place | Name | DOB | Team | Lot | Bd. Wt. | Coeff. | SQ1 | SQ2 | SQ3 | Best [PL] | BP1 | BP2 | BP3 | Best [PL] | DL1 | DL2 | DL3 | Best [PL] | Total | Points | IPF GL Points | Place |
|-------|-----------------|------------|------|-----|---------|----------|------|------|------|-----------|------|-----------------|------|-----------|------|------|-------|-----------|-------|--------|---------------|-------|
| 2 | PRIYANKA PRAMOD | 05-12-2007 | KER | 78 | 90.10 | 0.153183 | 60.0 | 75.0 | 92.5 | 92.5 [2] | 60.0 | 72.5 | 72.5 | 72.5 [2] | 80.0 | 92.5 | 100.0 | 100.0 [2] | 265.0 | 9 | 40.593495 | 21 |

Best Lifter - Sub Junior

| Place | Name | Team | Wt.Cat. | Bd.Wt. | Coeff. | Total | IPF GL Points |
|-------|-------------------|------|---------|--------|----------|-------|---------------|
| 1 | SHAIK SHABEENA | A P | 84kg | 81.20 | 0.159438 | 450.0 | 71.747100 |
| 2 | AKSHAYA P | T N | 47kg | 45.20 | 0.225817 | 292.5 | 66.051473 |
| 3 | NAGAM GNANA DIVYA | A P | 84+kg | 98.60 | 0.148677 | 440.0 | 65.417880 |

Team Championship - Sub Junior

| Place | Team | Points | Best Points | IPF GL Points |
|-------|----------------|--------|---------------|---------------|
| 1 | ANDHRA PRADESH | 57 | 12+12+12+12+9 | 318.421261 |
| 2 | KERALA | 51 | 12+12+9+9+9 | 264.857876 |
| 3 | TELANGANA | 31 | 12+12+7 | 161.334083 |
| 4 | TAMIL NADU | 30 | 12+9+9 | 186.974093 |
| 5 | KARNATAKA | 8 | 8 | 45.826000 |
| 6 | PUDUCHERRY | 8 | 8 | 41.835340 |

| Place | Name | DOB | Team | Lot | Bd. Wt. | Coeff. | SQ1 | SQ2 | SQ3 | Best [PL] | BP1 | BP2 | BP3 | Best [PL] | DL1 | DL2 | DL3 | Best [PL] | Total | Points | IPF GL Points | Place |
|----------------------|----------------------|------------|------|-----|---------|----------|------------------|------------------|------------------|-----------|-----------------|-----------------|-----------------|-----------|------------------|------------------|------------------|-----------|-------|--------|---------------|------------|
| 43kg - Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | PEETA BALA YAKSHITHA | 26-08-2004 | A P | 5 | 42.80 | 0.235944 | 70.0 | 60.0 | 82.5 | 82.5 [1] | 25.0 | 27.5 | 30.0 | 30.0 [1] | 80.0 | 87.5 | 92.5 | 92.5 [1] | 205.0 | 12 | 48.368520 | 24 |
| 47kg - Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | THUDI SIRI CHANDANA | 24-09-2003 | TEL | 13 | 47.00 | 0.219117 | 130.0 | 140.0 | 140.0 | 140.0 [1] | 70.0 | 77.5 | 82.5 | 77.5 [1] | 120.0 | 127.5 | 127.5 | 120.0 [1] | 337.5 | 12 | 73.951988 | 7 |
| 2 | ABHIRAMI A | 23-08-2003 | KER | 12 | 45.60 | 0.224267 | 100.0 | 102.5 | 107.5 | 107.5 [2] | 35.0 | 40.0 | 42.5 | 40.0 [2] | 105.0 | 117.5 | 117.5 | 117.5 [2] | 265.0 | 9 | 59.430755 | 17 |
| 3 | BADITHAMANI SANDHYA | 25-06-2004 | A P | 14 | 45.90 | 0.223128 | 50.0 | 55.0 | 60.0 | 60.0 [3] | 25.0 | 27.5 | 30.0 | 30.0 [3] | 75.0 | 80.0 | 85.0 | 85.0 [3] | 175.0 | 8 | 39.047400 | 29 |
| 52kg - Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | ASHIKA SANTHOSH K C | 28-01-2001 | KER | 21 | 51.10 | 0.206144 | 140.0 | 155.0 | 160.0 | 160.0 [1] | 60.0 | 60.0 | 60.0 | 60.0 [1] | 130.0 | 142.5 | 150.0 | 142.5 [1] | 362.5 | 12 | 74.727200 | 6 |
| 2 | POOJA POOJARY | 10-02-2002 | KAR | 22 | 52.00 | 0.203655 | 120.0 | 120.0 | 130.0 | 120.0 [3] | 55.0 | 60.0 | 65.0 | 60.0 [2] | 105.0 | 115.0 | 122.5 | 115.0 [4] | 295.0 | 9 | 60.078225 | 15 |
| 3 | NISHMITHA N | 27-09-2001 | KAR | 23 | 52.00 | 0.203655 | 95.0 | 102.5 | 110.0 | 110.0 [4] | 45.0 | 50.0 | 50.0 | 45.0 [4] | 110.0 | 120.0 | 120.0 | 120.0 [3] | 275.0 | 8 | 56.005125 | 19 |
| 4 | MUKKADALA ANUSHA | 07-12-2003 | A P | 24 | 47.70 | 0.216691 | 50.0 | 60.0 | 70.0 | 70.0 [5] | 35.0 | 40.0 | 45.0 | 45.0 [3] | 80.0 | 80.0 | 100.0 | 100.0 [5] | 215.0 | 7 | 46.588565 | 26 |
| - | ANAGHA A | 25-09-2003 | KER | 20 | 49.00 | 0.212429 | 140.0 | 150.0 | 157.5 | 150.0 [2] | 47.2 | 47.2 | 47.5 | - | 135.0 | X | X | 135.0 [2] | - | - | - | - |
| 57kg - Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | SHAIK SADIYA ALMAS | 27-10-2002 | A P | 35 | 56.00 | 0.193850 | 180.0 | 195.0 | 200.0 | 180.0 [1] | 75.0 | 82.5 | 87.5 | 87.5 [1] | 155.0 | 165.0 | 165.0 | 165.0 [2] | 432.5 | 12 | 83.840125 | 2 <u>W</u> |
| 2 | AISHWARYA | 05-03-2001 | KAR | 33 | 56.10 | 0.193628 | 150.0 | 160.0 | 167.5 | 160.0 [2] | 70.0 | 75.0 | 77.5 | 77.5 [3] | 160.0 | 165.0 | 170.0 | 170.0 [1] | 407.5 | 9 | 78.903410 | 4 |
| 3 | JOMOL S | 07-03-2003 | KER | 31 | 55.80 | 0.194296 | 140.0 | 150.0 | 160.0 | 150.0 [3] | 70.0 | 77.5 | 82.5 | 82.5 [2] | 100.0 | 115.0 | 127.5 | 115.0 [4] | 347.5 | 8 | 67.517860 | 9 |
| 4 | NANDANA P P | 15-11-2002 | KER | 32 | 54.50 | 0.197304 | 115.0 | 125.0 | 135.0 | 125.0 [4] | 40.0 | 50.0 | 50.0 | 40.0 [6] | 105.0 | 120.0 | 127.5 | 120.0 [3] | 285.0 | 7 | 56.231640 | 18 |
| 5 | JACHELU PALLAVI | 25-08-2004 | TEL | 34 | 56.80 | 0.192106 | 115.0 | 120.0 | 127.5 | 120.0 [5] | 45.0 | 55.0 | 55.0 | 45.0 [4] | 110.0 | 115.0 | 115.0 | 115.0 [5] | 280.0 | 6 | 53.789680 | 20 |
| 6 | SHAIK RUKSANA | 24-08-2001 | A P | 36 | 56.70 | 0.192320 | 90.0 | 100.0 | 105.0 | 90.0 [6] | 30.0 | 37.5 | 42.5 | 42.5 [5] | 100.0 | 110.0 | 110.0 | 110.0 [6] | 242.5 | 5 | 46.637600 | 25 |
| 63kg - Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | MUDDA TIRUPATHAMMA | 08-02-2002 | A P | 45 | 61.00 | 0.183928 | 115.0 | 130.0 | 140.0 | 140.0 [2] | 60.0 | 65.0 | 70.0 | 70.0 [1] | 150.0 | 160.0 | 170.0 | 160.0 [1] | 370.0 | 12 | 68.053360 | 8 |

| Place | Name | DOB | Team | Lot | Bd. Wt. | Coeff. | SQ1 | SQ2 | SQ3 | Best [PL] | BP1 | BP2 | BP3 | Best [PL] | DL1 | DL2 | DL3 | Best [PL] | Total | Points | IPF GL Points | Place |
|-----------------------|-------------------------|------------|------|-----|---------|----------|------------------|------------------|------------------|-----------|-----------------|-----------------|------------------|-----------|------------------|------------------|------------------|-----------|-------|--------|---------------|------------|
| 2 | SUMERIA KHATOON | 07-11-2000 | TEL | 48 | 63.00 | 0.180535 | 150.0 | 160.0 | 165.0 | 160.0 [1] | 50.0 | 60.0 | 65.0 | 65.0 [2] | 110.0 | 125.0 | 147.5 | 125.0 [2] | 350.0 | 9 | 63.187250 | 11 |
| 3 | ANUSREE K | 22-10-2001 | KER | 46 | 60.40 | 0.185004 | 140.0 | 140.0 | 100.0 | 100.0 [3] | 47.5 | 52.5 | 52.5 | 47.5 [3] | 100.0 | 110.0 | 115.0 | 115.0 [4] | 262.5 | 8 | 48.563550 | 23 |
| 4 | SHEELA K | 22-07-2003 | PUD | 47 | 57.20 | 0.191258 | 80.0 | 87.5 | 90.0 | 90.0 [4] | 30.0 | 30.0 | 35.0 | 35.0 [4] | 90.0 | 105.0 | 115.0 | 115.0 [3] | 240.0 | 7 | 45.901920 | 27 |
| 69kg - Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | ATHULYA K V | 27-11-2001 | KER | 53 | 68.60 | 0.172412 | 110.0 | X | X | 110.0 [1] | 40.0 | 52.5 | X | 52.5 [1] | 100.0 | X | X | 100.0 [1] | 262.5 | 12 | 45.258150 | 28 |
| 76kg - Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | E SHRUTHI | 16-06-2004 | TEL | 63 | 76.00 | 0.164079 | 150.0 | 157.5 | 157.5 | 150.0 [2] | 65.0 | 67.5 | 70.0 | 70.0 [1] | 150.0 | 157.5 | 167.5 | 157.5 [1] | 377.5 | 12 | 61.939823 | 12 |
| 2 | KUMMARI PUJITHA | 31-07-2004 | TEL | 64 | 75.00 | 0.165075 | 155.0 | 155.0 | 162.5 | 155.0 [1] | 67.5 | 70.0 | 70.0 | 67.5 [2] | 140.0 | 150.0 | 150.0 | 140.0 [2] | 362.5 | 9 | 59.839688 | 16 |
| 84kg - Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | MAHESH VAISHNAVI | 03-01-2003 | TEL | 71 | 80.90 | 0.159683 | 190.0 | 205.0 | 220.0 | 220.0 [1] | 100.0 | 105.0 | 112.5 | 112.5 [1] | 170.0 | 182.5 | 185.0 | 170.0 [1] | 502.5 | 12 | 80.240708 | 3 <u>☹</u> |
| 2 | D APARNA | 23-08-2001 | A P | 74 | 78.30 | 0.161921 | 150.0 | 160.0 | 165.0 | 160.0 [2] | 60.0 | 70.0 | 75.0 | 70.0 [3] | 150.0 | 160.0 | 160.0 | 150.0 [3] | 380.0 | 9 | 61.529980 | 13 |
| 3 | MAHA LAKSHMI.V | 04-12-2004 | T N | 73 | 77.80 | 0.162375 | 140.0 | 152.5 | 165.0 | 152.5 [3] | 50.0 | 70.0 | 80.0 | 70.0 [2] | 150.0 | 160.0 | 160.0 | 150.0 [2] | 372.5 | 8 | 60.484688 | 14 |
| 4 | RATHI DEVI V | 23-05-2002 | T N | 72 | 77.60 | 0.162559 | 150.0 | 170.0 | 160.0 | 150.0 [4] | 55.0 | 60.0 | 60.0 | 60.0 [4] | 110.0 | 120.0 | 137.5 | 120.0 [4] | 330.0 | 7 | 53.644470 | 21 |
| - | MOUTAM THRISHA | 21-10-2004 | TEL | 70 | 81.80 | 0.158955 | 90.0 | 90.0 | 90.0 | - | 30.0 | X | X | 30.0 [5] | X | X | X | - | - | - | - | - |
| 84+Kg - Junior | | | | | | | | | | | | | | | | | | | | | | |
| 1 | PRATHEEKSHA G NAIK | 31-05-2000 | KAR | 81 | 89.50 | 0.153550 | 220.0 | 232.5 | 240.0 | 232.5 [2] | 115.0 | 122.5 | 132.5 | 122.5 [1] | 195.0 | 205.0 | 207.5 | 207.5 [1] | 562.5 | 12 | 86.371875 | 1 <u>☹</u> |
| 2 | RANGU VIRINCHI SWAPNIKA | 31-12-2002 | TEL | 83 | 96.50 | 0.149682 | 230.0 | 240.0 | 250.0 | 240.0 [1] | 80.0 | 90.0 | 100.0 | 100.0 [2] | 175.0 | 175.0 | 182.5 | 175.0 [2] | 515.0 | 9 | 77.086230 | 5 |
| 3 | GOURI NAIR A | 04-04-2003 | KER | 80 | 90.50 | 0.152943 | 170.0 | 180.0 | 190.0 | 180.0 [3] | 80.0 | 90.0 | 95.0 | 95.0 [3] | 130.0 | 140.0 | 155.0 | 140.0 [4] | 415.0 | 8 | 63.471345 | 10 |
| 4 | MUSHAM DIVYA MANASWINI | 11-09-2003 | TEL | 82 | 137.00 | 0.137957 | 150.0 | 160.0 | 160.0 | 160.0 [4] | 60.0 | 65.0 | 70.0 | 65.0 [4] | 135.0 | 150.0 | 160.0 | 150.0 [3] | 375.0 | 7 | 51.733875 | 22 |
| - | MATTA SRIYA | 18-11-2004 | A P | 84 | 109.00 | 0.144541 | 130.0 | 130.0 | 130.0 | - | 50.0 | X | X | 50.0 [5] | 130.0 | X | X | 130.0 [5] | - | - | - | - |

Best Lifter - Junior

| Place | Name | Team | Wt.Cat. | Bd.Wt. | Coeff. | Total | IPF GL Points |
|-------|--------------------|------|---------|--------|----------|-------|---------------|
| 1 | PRATHEEKSHA G NAIK | KAR | 84+kg | 89.50 | 0.153550 | 562.5 | 86.371875 |
| 2 | SHAIK SADIYA ALMAS | A P | 57kg | 56.00 | 0.193850 | 432.5 | 83.840125 |
| 3 | MAHESH VAISHNAVI | TEL | 84kg | 80.90 | 0.159683 | 502.5 | 80.240708 |

Team Championship - Junior

| Place | Team | Points | Best Points | IPF GL Points |
|-------|----------------|--------|--------------|---------------|
| 1 | TELANGANA | 54 | 12+12+12+9+9 | 356.405999 |
| 2 | ANDHRA PRADESH | 53 | 12+12+12+9+8 | 300.839385 |
| 3 | KERALA | 49 | 12+12+9+8+8 | 310.405310 |
| 4 | KARNATAKA | 38 | 12+9+9+8 | 281.358635 |
| 5 | TAMIL NADU | 15 | 8+7 | 114.129158 |
| 6 | PUDUCHERRY | 7 | 7 | 45.901920 |

Abbreviations:

A P = Andhra Pradesh KAR = Karnataka KER = Kerala PUD = Puducherry T N = Tamil Nadu TEL = Telangana