

Powerlifting India
Federation Cup Classic Powerlifting Championship 2025
Rait, Himachal Pradesh - 02-11-2025 to 05-11-2025
Final Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Open - 59kg																						
1	PHALGUNI BARAN GHOSH	14-02-1995	JHA	12	58.90	0.165624	170.0	180.0	490.0	180.0 [3]	122.5	427.5	427.5	122.5 [1]	230.0	230.0	237.5	237.5 [2]	540.0	12	89.436960	5
2	BABAN ZORE	16-04-1998	MAH	11	58.40	0.166382	480.0	480.0	180.0	180.0 [1]	115.0	120.0	425.0	120.0 [2]	220.0	230.0	237.5	230.0 [3]	530.0	9	88.182460	6
3	KRISHNA KUMAR	15-08-2007	HAR	15	58.65	0.166001	180.0	490.0	490.0	180.0 [2]	100.0	105.0	407.5	105.0 [3]	240.0	240.0	250.0	240.0 [1]	525.0	8	87.150525	7
4	VARAD RAUT	09-05-2008	MAH	14	59.00	0.165473	160.0	170.0	180.0	180.0 [4]	90.0	100.0	407.5	100.0 [5]	180.0	192.5	200.0	192.5 [4]	472.5	7	78.185993	12
5	ABHINISH SINGH	29-07-2008	HP	13	56.30	0.169682	60.0	70.0	75.0	70.0 [5]	50.0	55.0	60.0	55.0 [6]	100.0	110.0	120.0	120.0 [6]	245.0	6	41.572090	32
-	SAARANG KUMAR	08-10-2002	HP	16	59.00	0.165473	470.0	470.0	470.0	-	105.0	440.0	440.0	105.0 [4]	150.0	175.0	485.0	175.0 [5]	-	-	-	-
Open - 66kg																						
1	NASIR HUSSAIN	16-04-2002	CHT	19	65.60	0.156386	170.0	185.0	195.0	195.0 [1]	90.0	97.5	400.0	97.5 [1]	200.0	225.0	230.0	230.0 [1]	522.5	12	81.711685	10
2	JAIDEEP SAHU	23-01-1995	CHT	17	65.95	0.155947	90.0	110.0	130.0	130.0 [2]	55.0	70.0	80.0	80.0 [2]	100.0	130.0	150.0	150.0 [2]	360.0	9	56.140920	29
Open - 74kg																						
1	PAWAN RAJPUT	07-10-2003	HAR	23	74.00	0.146810	250.0	257.5	262.5	262.5 [1]	115.0	120.0	125.0	125.0 [3]	295.0	340.0	343.5	295.0 [1]	682.5	12	100.197825	1 
2	VISHAVJEET	02-02-2004	HAR	25	73.70	0.147120	232.5	232.5	235.0	232.5 [2]	135.0	140.0	142.5	142.5 [1]	240.0	247.5	250.0	247.5 [3]	622.5	9	91.582200	3 
3	J LAVA KUMAR	14-09-2004	A P	24	73.12	0.147725	200.0	205.0	205.0	200.0 [4]	120.0	127.5	132.5	132.5 [2]	250.0	250.0	250.0	250.0 [2]	582.5	8	86.049813	8
4	BIRENDRA KARKI	15-02-2000	CHN	21	72.10	0.148810	185.0	192.5	200.0	200.0 [3]	102.5	110.0	115.0	115.0 [4]	240.0	220.0	230.0	230.0 [4]	545.0	7	81.101450	11
5	ANSH NAG	13-04-2009	CHT	22	72.00	0.148918	145.0	450.0	150.0	150.0 [5]	100.0	107.5	442.5	107.5 [5]	190.0	200.0	240.0	200.0 [5]	457.5	6	68.129985	20
6	SHAILAV JOSHI	05-08-1996	HP	20	73.60	0.147224	125.0	435.0	135.0	135.0 [6]	80.0	85.0	87.5	87.5 [6]	140.0	155.0	162.5	162.5 [6]	385.0	5	56.681240	28
Open - 83kg																						
1	SIRIVELLA BALA SAI CHARAN	05-05-2005	A P	30	81.70	0.139537	235.0	255.0	260.0	255.0 [1]	130.0	140.0	442.5	140.0 [2]	265.0	280.0	290.0	280.0 [1]	675.0	12	94.187475	2 
2	AARUSH LAKRA	30-09-2007	DEL	26	83.00	0.138427	192.5	205.0	242.5	205.0 [2]	157.5	467.5	467.5	157.5 [1]	230.0	242.5	X	242.5 [2]	605.0	9	83.748335	9
3	YOGENDRA SOGARWAL	11-01-2004	RAJ	28	82.80	0.138595	180.0	190.0	497.5	190.0 [3]	105.0	110.0	X	110.0 [4]	240.0	210.0	X	210.0 [3]	510.0	8	70.683450	17
4	SOHBIT RANA	27-10-2002	HP	29	81.10	0.140060	125.0	135.0	445.0	135.0 [5]	117.5	125.0	130.0	130.0 [3]	165.0	175.0	190.0	190.0 [4]	455.0	7	63.727300	24
5	CHANDAN VERMA	07-09-2009	CHT	27	82.50	0.138850	135.0	145.0	152.5	152.5 [4]	60.0	65.0	70.0	65.0 [6]	160.0	165.0	170.0	170.0 [5]	387.5	6	53.804375	31
6	DESARAJU VENKATA SANKARA RAO	17-06-1953	TEL	31	75.78	0.145015	55.0	65.0	80.0	80.0 [6]	55.0	65.0	65.0	65.0 [5]	80.0	100.0	420.0	100.0 [6]	245.0	5	35.528675	33
Open - 93kg																						
1	PRIYANK MISHRA	03-12-2001	CHT	32	91.30	0.132007	160.0	180.0	200.0	200.0 [1]	80.0	97.5	105.0	105.0 [1]	190.0	205.0	217.5	217.5 [1]	522.5	12	68.973658	18
2	KAPILDEV KRISHNACHAND SANDHU	05-03-1987	HP	33	90.40	0.132652	430.0	130.0	455.0	130.0 [2]	100.0	420.0	X	100.0 [2]	170.0	180.0	200.0	200.0 [2]	430.0	9	57.040360	27
Open - 105kg																						
1	VISHWANATH B	09-01-1991	KAR	34	102.50	0.124864	220.0	250.0	270.0	270.0 [1]	135.0	147.5	152.5	152.5 [1]	310.0	320.0	X	310.0 [1]	732.5	12	91.462880	4
2	UMESH RAINA	25-03-1979	J&K	37	100.90	0.125794	180.0	210.0	235.0	210.0 [4]	130.0	140.0	145.0	145.0 [2]	230.0	240.0	245.0	245.0 [2]	600.0	9	75.476400	13
3	SURINDER PAL SINGH	30-08-1970	PUN	39	97.70	0.127739	215.0	225.0	232.5	225.0 [2]	115.0	122.5	125.0	125.0 [5]	245.0	225.0	230.0	230.0 [4]	580.0	8	74.088620	14
4	ABHINAV LODHI	20-07-2004	UTK	36	99.20	0.126813	200.0	210.0	220.0	220.0 [3]	120.0	125.0	427.5	125.0 [6]	220.0	232.5	240.0	232.5 [3]	577.5	7	73.234508	15
5	VIKAS RANA	20-08-1985	HP	38	98.40	0.127304	180.0	200.0	242.5	200.0 [5]	110.0	125.0	127.5	127.5 [4]	200.0	220.0	230.0	230.0 [5]	557.5	6	70.971980	16
6	HARISH KUMAR	13-03-1990	J&K	35	99.40	0.126691	160.0	175.0	485.0	175.0 [6]	132.5	435.0	437.5	132.5 [3]	200.0	242.5	242.5	200.0 [6]	507.5	5	64.295683	22

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Open - 120kg																						
1	SANKET CHATURVEDI	29-10-2009	RAJ	41	105.40	0.123246	180.0	190.0	200.0	200.0 [1]	100.0	110.0	115.0	115.0 [2]	170.0	205.0	225.0	205.0 [1]	520.0	12	64.087920	23
2	AAKASH DUTT	12-11-1989	J&K	40	117.80	0.117193	170.0	185.0	195.0	185.0 [2]	140.0	147.5	152.5	147.5 [1]	170.0	180.0	240.0	180.0 [3]	512.5	9	60.061413	26
3	AMAAN SHUKLA	18-05-2005	CHT	42	114.70	0.118587	150.0	170.0	170.0	170.0 [3]	85.0	95.0	107.5	95.0 [3]	170.0	190.0	240.0	190.0 [2]	455.0	8	53.957085	30
Open - 120+Kg																						
1	VICKRAM JEET SINGH	06-04-1996	J&K	44	172.40	0.100989	275.0	300.0	X	275.0 [1]	165.0	X	X	165.0 [1]	240.0	260.0	X	240.0 [1]	680.0	12	68.672520	19
2	JITENDRA SHARMA	04-07-2005	RAJ	45	120.80	0.115910	190.0	205.0	210.0	210.0 [2]	130.0	140.0	142.5	142.5 [2]	180.0	205.0	215.0	215.0 [3]	567.5	9	65.778925	21
3	MANPREET SINGH	19-09-1995	J&K	43	120.70	0.115952	160.0	180.0	220.0	180.0 [3]	110.0	125.0	130.0	130.0 [3]	180.0	210.0	220.0	220.0 [2]	530.0	8	61.454560	25

Best Lifter - Open							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	PAWAN RAJPUT	HAR	74kg	74.00	0.146810	682.5	100.197825
2	SIRIVELLA BALA SAI CHARAN	A P	83kg	81.70	0.139537	675.0	94.187475
3	VISHAVJEET	HAR	74kg	73.70	0.147120	622.5	91.582200

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
1	CHHATTISGARH	47	12+12+9+8+6	328.913333
2	JAMMU AND KASHMIR	43	12+9+9+8+5	329.960576
3	HIMACHAL PRADESH	33	9+7+6+6+5	289.992970
4	HARYANA	29	12+9+8	278.930550
5	RAJASTHAN	29	12+9+8	200.550295
6	ANDHRA PRADESH	20	12+8	180.237288
7	MAHARASHTRA	16	9+7	166.368453
8	KARNATAKA	12	12	91.462880
9	JHARKHAND	12	12	89.436960
10	DELHI	9	9	83.748335
11	PUNJAB	8	8	74.088620
12	CHANDIGARH	7	7	81.101450
13	UTTARAKHAND	7	7	73.234508
14	TELANGANA	5	5	35.528675

Abbreviations:

A P = Andhra Pradesh CHN = Chandigarh CHT = Chhattisgarh DEL = Delhi HAR = Haryana HP = Himachal Pradesh J&K = Jammu and Kashmir JHA = Jharkhand KAR = Karnataka MAH = Maharashtra PUN = Punjab RAJ = Rajasthan TEL = Telangana UTK = Uttarakhand